

Wickford Foodbank: There are 250 families on the books and an average of 40 households are served each week. These are the most urgently needed food items: Tinned meat, Tinned fish, Tinned fruit, Long-life milk, Tea, Coffee, Tinned vegetables, Tinned potatoes, Tinned tomatoes, Pasta sauce, Jam & Marmalade. Toiletry items are also needed.

Please leave items for the **Women's Refuge** in St. Andrew's choir vestry on the last FRIDAY (or as near as possible) of each month; if you are unable to take your offerings to St. Andrew's please pass them to one of your Church Wardens or your Priest. In May items of good ladies clothing and children's games along with food products would be welcomed. Looking forward to June washing powder, toilet paper, kitchen rolls and sanitary pads would be appreciated by the ladies along with nappies and baby wipes.

Thursday 9th May	7.30pm 'Kintsugi Hope' our wellbeing group starts, please let Revd Sue know if you are interested in joining. 8pm Ascension Day service, St Catherine's
Saturday 11th May	10m – 12pm Work Party to tidy the garden at St Andrew's 10am-12pm Saturday Solace , St Andrew's
Tuesday 15th May	9.45am Open the Book , St Andrew's
Wednesday 15th May	2pm MU 'Fraud Prevention' , St Catherine's Hall
Friday 17th May	7.30pm Unveiled, 'Open Mike Night' , St Andrew's

Please let churchwardens, Revd Jonathan, Revd Sue, Revd Steve, Emma or Mike know if there is anyone in need of prayer.

Contact numbers for Jonathan : 01268 431117 and 07803 562329

For Weekly Notices: Christine Evens, 01268 431117 or

wickfordrunwellparish@outlook.com

We are also on Facebook at

<https://www.facebook.com/groups/Wickford.Runwell>

Basildon Hospital is looking for Chaplaincy volunteers and will be running a 7 week training course, starting in May. Please call 01268 524900 or email

mse.basildonchaplains@nhs.net for more info.

Wickford And Runwell Team Ministry



Sunday 28th April
5th Sunday of Easter

Today	6.30pm BCP Evensong - St Catherine's
Tuesday 30th	9am Morning Prayer , St Andrew's 2pm Meet & Make , St Andrew's 7.30 pm Being With , St Andrew's
Wednesday 1st May	9am Morning Prayer , St Catherine's. 10am Coffee Morning , St Mary's. 10.30am Eucharist St Andrew's.
Thursday 2nd May	9am Morning Prayer , St Mary's. St Andrew's and St Catherine's hall are being used as a polling stations today.
Friday 3rd May	7pm 'Unveiled' Exhibition viewing evening. See 'Brand New Day' , an exhibition by members of Runwell Art Club and meet artists from the Club, St Andrew's
Saturday 4th May	9am Coffee Morning , St Andrew's. 9.30am Coffee Morning , St Catherine', including Saturday Solace and Plant Sale . 10am Open Morning , St Mary's
Sunday 5th May	8am Said Eucharist , St Catherine's 9.30am Eucharist , St Mary's 10am All Age Eucharist St Andrew's 11am Matins , St Catherine's

Christians for Company - Whether you want to be a caller a recipient or both, please email miketricker123@gmail.com

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